



TALKING ABOUT TEENAGE

SEXUALITY AND PARENTHOOD

*Calling all Qwaqwa active
citizens, poets, writers and
storytellers!*





The 2018 winners

WHAT IS THE “TALKING ABOUT TEENAGE SEXUALITY & PARENTHOOD” COMPETITION ABOUT?

[The competition context]

This is the second competition the Children's Radio Foundation, in partnership with Save the Children, is rolling out. In 2018 CRF launched the regional 'My Body, My Rights Competition', in which 84 youth participated and

the winner, Nomasonto Zulu, visited Cape Town. This year CRF is launching a new regional 'Talking about Teenage Sexuality and Parenthood Competition' with a new mission and INCREDIBLE PRIZE! Continue reading to find out what it is!

WHO CAN ENTER?

Any youth between the ages of 13-25 who can get their original submissions to one of the locations listed further down in this booklet.

A**about**

THE COMPETITION'S TOPIC AND MISSION

Teenage sexuality is a taboo subject - no one talks about it, but it happens! It's hard for teenagers to talk about this topic with their parents or adults generally. Schools teach about sexual and reproductive health, but can't always answer all teenagers' questions. Health clinics also have their role to play but are not always perceived as youth-friendly. Often teenagers' questions are answered by their peers, who don't always have answers themselves.

Having conversations about sexuality is important and the only way to break unhelpful myths and share sexual health and rights information is needed to reduce rates of sexually transmitted disease, HIV/AIDS and unwanted pregnancy.

Teenage pregnancy and parenthood is also controversial. Teenage mothers are often blamed and victimized for falling pregnant. There is little conversations on how it is to be a teenage parent, or the role of teenage fathers. And even if becoming a young parent was not wanted or planned for how does one make it work, as being a parent is a responsibility?



*Winner announcement at Qwa
Qwa Radio Station, 2018*

Another taboo subject is that sexuality is diverse, not everybody experience it in the same way. Some of young people were victims of abuse and find it hard to talk about it.

Also Some young people have different feelings than the norm (LGBTQ +). They also find it hard to talk about their sexual orientations and gender identities and sometime experience hate speech or hate crimes that doesn't encourage them to do so.

This competition does not encourage sex! It acknowledges that young people are sexual beings and It encourages conversations about teenage sexual health and rights by inviting youth from Qwaqwa to submit creative work on the topic. Produce a creative piece of work that tells us more about your thoughts, opinions, feelings and experiences about teenage sexuality or parenthood.

DID YOU KNOW?

“ 24% had sex for the first time without using a condom ”

“ 54% had had unsafe sex at least once ”

“ Early childbearing by teenagers & young women who haven't completed school is associated with poorer child health & nutritional outcomes (Children Count) ”

“ ¼ had engaged in sexual practice before the age of 16 ”

“ ½ had used free condoms provided by government (Parent24) ”

“ 4/10 LGBTQ+ South Africans know someone who has been murdered “for being or suspected of being” lesbian, gay, bisexual or transgender (News24) ”

“ Teenage mothers are more constrained in their ability to pursue educational opportunities than young women who delay childbearing (STATS SA) ”

“ Teenage pregnancy accounts for about 10% of all deliveries in the country, which is about a million deliveries per year (Africa Check) ”

How TO ENTER THE COMPETITION

Submit an essay, poem, cartoon or/and photo on the topic of teenage sexuality or parenthood.

If you decide to submit in more than one category make sure you have put your name on ALL entries as they will be separated and judged separately.

HOW TO APPROACH THE TOPIC

Teenage sexuality and parenthood is a big subject! One of the best ways to talk about it is to focus in on one topic that's important to you, or narrow it down to something you have personal experience with.

- What does teenage sexuality mean to you? What is your opinion on this topic?
- How is teenage sexuality spoken or not spoken about?
- What conversations are needed, and between who?
- How does teenage sexuality exist in your life as a young person? For example; Are you a teenage parent?
- What are some of the challenges of teenage sexuality?
- How are the challenges different for male and female youth?
- What stigma surrounds teenage sexuality and parenthood?
- Do teenage mothers and teenage fathers face the same challenges?

PUBLIC

SERVICE
ANNOUNCEMENT

Hey Lesedi, I saw you duck in to the loo real fast this morning. Are you feeling ok?

Yea, just nauseous and kind of crampy... I'm feeling a little nervous that I might be... pregnant.



Oh! Have you taken a pregnancy test?

When was your last period?



No. That's the thing - I'm not entirely sure... And I'm scared to think about it cause what if I am pregnant?

What if it's not the right time for me? What if I'm not ready? What if I get judgy looks? What if I'm a terrible mother?! What if I ruin my child's life?



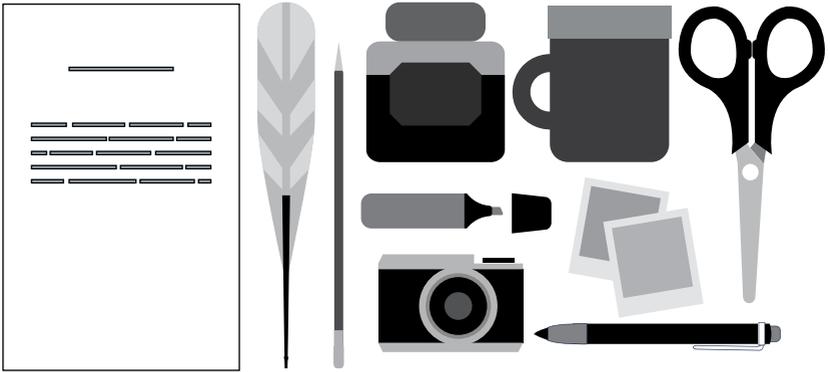
Whoa! Before you get ahead of yourself, take a pregnancy test. Once you know whether or not you're pregnant, that's when you can start making decisions about what's next.



If you suspect you may be pregnant, take a pregnancy test.

The sooner you know whether you are pregnant or not, the sooner you can make plans that support your choices and wellbeing.





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FORMATS

TO
ENTER

Essay: Your essay should not be longer than 2 pages in A4 size. If you are handwriting your essay, please use print and not cursive writing.

Poem: Your poem should not be longer than 2 pages in A4 size. If you are handwriting your essay, please use print and not cursive writing.

Cartoon: Your cartoon should not be longer than 2 pages in A4 size.

Photography: Photos must be printed in A4 size or smaller and accompanied by a short description (also known as a caption). A maximum of 6 photos can be submitted. (You can use your phone or camera to take photos)

Remember, ALL entries must have your name on them and be accompanied by your application form!



2018 winner, Nomasonto Zulu

CHECKLIST FOR ENTRIES

If you are telling a story about somebody and you mention their name, did you get their permission? No naming & shaming will be accepted. Do not share secrets of private information otherwise you will be disqualified!

Your piece of work can be factual or fictional - meaning it can be something that really happened or something you create in your imagination. If fictional it should be true to the context - still reflect Qwaqwa youth experiences or opinions.

Remember the competition's mission is to create conversations. Let that inspire you!

WHERE DO I ENTER?

Please staple your work with the application form, or put it all in an envelope, and bring it to one of the following competition drop off point boxes, located at:

- Save the Children Offices
- Tseki Police Station
- Southern African Association of Youth Clubs (Saayc)
- Love Life
- Phamong Development Youth Club
- SOS Children's Village

ABOUT THE PRIZE

The

COMPETITION PROCESS

1. Find out about the competition in an outreach or in this competition booklet.
2. Read about the topic and think about how you could enter. 3. What format(s) inspire you the most? Discuss your ideas with your best friends, or/and family.
3. Decide on what you would like to submit and in which format (an essay, a poem, or photography).
4. Do it! (Please note multiple entries are allowed.)
5. Fill in the application form.
6. If under the age of 18, get your consent form signed by your parent or guardian.
7. Return your application to one of the drop off locations mentioned above by 31 May 2019.
8. The winners will be contacted telephonically, on 7 June 2019.
9. 15 June 2019: Winner announcement and a celebration for all participants!
10. The winner and their chaperone will fly to Cape Town in September 2019 for the Youth Radio Awards.

Winning entries will be published on the Children's Radio Foundation website, on social media, and shared with commercial media outlets and partners.



COMPETITION RULES

- The judges' decision is final and no correspondence will be entered into.
- Multiple entries are allowed.
- Third party entries will be disqualified! In other words, someone else can't enter on your behalf.
- The competition is open to persons aged 13 to 25 years old.
- The top 3 finalists will be contacted via telephone and their names will be shared on the Children's Radio Foundation bi-monthly health newsletter, website and all social media pages (Facebook, Twitter, Instagram).
- The winner will be contacted by Save the Children via the telephone

DATES AND DEADLINES

- **24 March 2019:** Competition Launch. Entries open.
- **March-May 2019:** Send in your entries!
- **31 May 2019:** Competition entry deadline.
- **1-7 June 2019:** Panel of judges make their decision.
- **15 June 2019:** Winner announcement.
- **September 2019:** Winner flies to Cape Town for the 2019 Youth Radio Awards.

Contact

The Children's Radio
Foundation

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South Africa
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021 465 6965

Save the Children
7 DC Building
Corner of Motloug and
Setla Streets
Phuthaditjhaba
Free State
9869
058 718 2960

*"Nobody can go back and start a new beginning,
but anyone can start today and make a new
ending. We are young people and we have
human rights. The right to life, to privacy, to
freedom and to bodily integrity."*

*"It's time to claim our rights back. To know and
exercise our rights including the right to delay
marriage and the right to refuse unwanted sexual
advances."*

- Nomasonto Zulu.



Competition Application Form

Introduction

This competition is organized by the Children's Radio Foundation

The Children's Radio Foundation and Save the Children will not pass on your personal details to any third party without your prior consent.

Youth under 18 years old must please have their parents/ guardians sign the consent form.

Applicant's details:

Name: _____

Surname: _____

Age: _____

Male Female

Cell phone: _____

Home address: _____

Occupation: _____

(If student) School name: _____

Title of entry: _____

Entry type: (Please tick relevant box.)

Photograph

Essay

Poem

I would like receive WhatsApps with information on future Children's Radio Foundation competition, radio shows, or events, please add to your database.

I am happy to receive a WhatsApp message, phone call or SMS asking me for feedback on my experience of this competition, events, or radio shows.

Consent form

I give permission for the Children's Radio Foundation, and Save the Children South Africa to use my name and photograph on social media if I were chosen as a winner.

I declare that my entry submitted to this 2019 Competition is my original work.

Applicant's Signature: _____

Date: _____

If under the age of 18 years old, parent consent is required:

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

Home Address, if different from page 1: _____

Parent/Guardian phone
number: _____